



# COLLEGE OF OPTICIANS OF ALBERTA

## COA Continuing Competence Program (CCP) Sample Learning Plan #2

### GOALS

Once a goal is filled out, you must click "submit" at the bottom of this form before you add an activity to it.

Goal

\* Status

Completed

- **PLANNED:** the goal has been identified but you have not completed all of the relevant activities and/or reflections.
- **COMPLETED:** you feel all of the relevant activities and reflections needed to meet the goal are done.
- **WITHDRAWN:** you decide you will be unable to complete a goal that was previously identified or you are unable to find relevant activities to meet that goal. Cancelling a goal will remove it from your learning plan.

\* Competency ?

1.7 Maintaining Competence

\* Learning goal ?

To learn more about the registration process for internationally trained opticians.

### ACTIVITIES

Once an activity has been added, click "Save" at the bottom of the form.

\* Goal

Choose which goal the activity applies to from the dropdown list.

1.7 Maintaining Competence: To learn more about the registration process for internationally trained opticians.

\* Activity

Choose the best description of the activity.

Online Course/Module

Completed date

2024-06-04

\* Activity / Course

Fill in the name of the activity or course.

NACOR Self-Knowledge Pilot Test

\* Reflection

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

I completed the self-knowledge pilot test for international applicants looking to practice as an optician in Canada. The test helped me understand more about the requirements for internationally trained applicants. It made me confident that patients can expect safe, competent care from their opticians whether they are educated in Canada or if they have credentials and skills approved by the NACOR PLAR process. This activity helped increase my competence about NACOR and their role, along with the paths available to new opticians coming to Canada.