



# COLLEGE OF OPTICIANS OF ALBERTA

## COA Continuing Competence Program (CCP) Sample Learning Plan #1

### GOALS

Once a goal is filled out, you must click "submit" at the bottom of this form before you add an activity to it.

Goal

\* Status

Completed

- **PLANNED:** the goal has been identified but you have not completed all of the relevant activities and/or reflections.
- **COMPLETED:** you feel all of the relevant activities and reflections needed to meet the goal are done.
- **WITHDRAWN:** you decide you will be unable to complete a goal that was previously identified or you are unable to find relevant activities to meet that goal. Cancelling a goal will remove it from your learning plan.

\* Competency ?

1.1 Professionalism and Ethics

\* Learning goal ?

To ensure my practice standards align with the COA professional boundaries standards to help protect patients from sexual abuse and misconduct when engaging with a regulated health professional.

### ACTIVITIES

Once an activity has been added, click "Save" at the bottom of the form.

\* Goal

Choose which goal the activity applies to from the dropdown list.

1.1 Professionalism and Ethics: To ensure my practice standards align with the COA professional boundaries standards to help protect patients from sexual abuse and misconduct when engaging with a regulated health professional.

\* Activity

Choose the best description of the activity.

Self-Study

Completed date

2024-06-06

\* Activity / Course

Fill in the name of the activity or course.

COA Standards of Practice - Standard 8

\* Reflection

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

I reviewed standard 8 of the COA standards of practice. I found the standard clearly explained what sexual abuse and misconduct is and the professional boundaries that exist between patients and their optician. This activity highlighted the importance of professional boundaries and ensuring patients feel safe. This standard made me reflect and review the policies and procedures in my work place and the importance of ensuring their are processes in place to ensure staff are providing safe services. I believe this activity improved my competency by keeping me up to date on College standards and allowed me to reflect on how my procedures meet the requirements of standard 8.