

COA Continuing Competence Program (CCP) Sample Learning Plan #1

GOALS

Once a goal is filled out, you must click "submit" at the bottom of this form before you add an activity to it.

Goal

* Status

Completed

- **PLANNED:** the goal has been identified but you have not completed all of the relevant activities and/or reflections.
- **COMPLETED:** you feel all of the relevant activities and reflections needed to meet the goal are done.
- **WITHDRAWN:** you decide you will be unable to complete a goal that was previously identified or you are unable to find relevant activities to meet that goal. Cancelling a goal will remove it from your learning plan.

* Competency ?

1.1 Professionalism and Ethics

* Learning goal ?

To ensure my practice standards align with the COA Professional Boundaries standards to help protect patients from sexual abuse and misconduct when engaging with a regulated health professional. I will understand the standards as well as the governing legislation and apply the knowledge to my practice standards. By August 2024 my practice standards will reflect a clear understanding of professional boundaries and uphold these standards and enforce appropriate legislation to protect patients.

ACTIVITIES

Once an activity has been added, click "Save" at the bottom of the form.

* Goal

Choose which goal the activity applies to from the dropdown list.

1.1 Professionalism and Ethics: To ensure my practice standards align with the COA Professional Boundaries standards to help protect patients from sexual abuse and misconduct when engaging with a regulated health professional. I will understand the standards as well as the governing legislation and apply the knowledge to my practice standards. By August 2024 my practice standards will reflect a clear understanding of professional boundaries and uphold these standards and enforce appropriate legislation to protect patients.

* Activity / Course

Fill in the name of the activity or course.

COA Standards of Practice Standard 8 Self Study

* Reflection

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

I set aside time to read the standards of practice document. The standards clearly defined sexual abuse and misconduct and the professional boundaries that exist between a patient and their optician. Some questions I have after reading it is where can I find more information about my responsibility to report if I witness or become aware of another practitioner who may have violated professional boundaries when interacting with the patient? How could I help a patient who reports to me that they have been sexually abused by another practitioner? What role does the college play in assisting registrants or patients involved in an allegation of sexual abuse or misconduct? For application to my practice I think I need to consider how my procedures ensure I am upholding standard 8 and assuring patient safety. Our office should have policies that outline when and if practitioners are alone with patients and if we are alone with patients what are we doing to ensure their safety, security and comfort. For example, we could standardize procedures for procuring consent to be alone with the patient, touch a patient, etc.

* Activity

Choose the best description of the activity.

Self-Study

Completed date

2024-01-04

* Goal

Choose which goal the activity applies to from the dropdown list.

1.1 Professionalism and Ethics: To ensure my practice standards align with the COA Professional Boundaries standards to help protect patients from sexual

* Activity

Choose the best description of the activity.

Self-Study

Completed date

2024-02-10

abuse and misconduct when engaging with a regulated health professional. I will understand the standards as well as the governing legislation and apply the knowledge to my practice standards. By August 2024 my practice standards will reflect a clear understanding of professional boundaries and uphold these standards and enforce appropriate legislation to protect patients.

*** Activity / Course**

Fill in the name of the activity or course.

HPA Sexual Abuse and Misconduct Self-Study

*** Reflection**

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

I set aside time to read and review any sections of the HPA that are related to sexual abuse and misconduct. The legislation can be difficult to navigate because it is so formal, so I am glad we have the standards of practice to supplement the legislation and provide me more guidance in my practice. In the sections I reviewed, a lot of the legislation is about the colleges responsibility to uphold a system that ensures patient protection but is also dictates the consequences of practitioner violations and requirements for professional boundaries between patients and practitioners and mandatory reporting by practitioners. I will need to consider this legislation as I update my own practices and propose office wide policies and procedures.

* Goal	* Activity	Completed date
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Choose which goal the activity applies to from the dropdown list.

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Choose the best description of the activity.

Online Course/Module

2024-03-03

*** Activity / Course**

Fill in the name of the activity or course.

Protecting Patients Against Sexual Abuse and Misconduct

*** Reflection**

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

This course helped demystify all of the information I had read by putting the standards and legislation into real life scenarios and walking me through what could happen, what I can do to protect patients, what patients can do if they are mistreated.

* Goal	* Activity	Completed date
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Choose which goal the activity applies to from the dropdown list.

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Choose the best description of the activity.

Journals

2024-07-05

*** Activity / Course**

Fill in the name of the activity or course.

Compare current practice to the standards and legislation related to sexual abuse and misconduct

*** Reflection**

Explain what you learned from the activity and how it improved your competency and helped you meet your goal.

I took time to reflect on my current practices policies and procedures to consider where I needed to make changes to ensure patient protection from sexual abuse and misconduct. Moving forward, I will uphold these standards and legislation by obtaining verbal consent from patients before performing any services. Specifically, I will obtain consent to touch a patient by explaining where I will be touching them and why the touch is necessary, and to be alone with them in a closed room by explaining why the closed room is necessary to perform the service. I will assist patients as needed if I witness sexual abuse or misconduct, or if a patient reports any incidences of abuse or misconduct to me by reporting to the appropriate regulatory body and directing the patient to the college for assistance. I will propose updates office wide policies regarding patient boundaries, consent and trauma informed training related to sexual abuse and misconduct to protect our patients.